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## WHAT IS CLAIMED IS:

- 1. A detergent composition comprising:
  - (A) from about 0.01% to about 20%, by weight of the composition of capsules comprising:
    - (a) a hydrophobic continuous phase comprising:
      - (a1) from about 0.1% to about 15%, by weight of the continuous phase, of a block co-polymer which is selected from the group consisting of a triblock co-polymer, radial co-polymer, and multiblock co-polymer, the co-polymer comprising at least one triblock with a structure: rigid block---flexible block---rigid block; and
      - (a2) a hydrocarbon oil which forms an isotropic mixture with the block co-polymer; and
  - (B) a surfactant.
- 2. The composition of claim 1 wherein the continuous phase further comprises from about 10% to about 60%, by weight of the continuous phase, of an oil-soluble benefit agent.
- 3. The detergent composition according to claim 1 wherein the continuous phase is transparent or translucent.
- 4. The detergent composition according to claim 1 wherein the composition is contained within the transparent package.
  - 5. The detergent composition according to claim 1 wherein the composition is aqueous.
- The detergent composition according to claim 1 wherein the capsule further comprises a colorant.

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- 7. The composition according to claim 2 wherein the capsule further comprises from about 0.01% to about 45%, by volume of the capsule, of a discontinuous phase immiscible with the continuous phase.
- 5 8. The detergent composition according to claim 7 wherein the discontinuous phase is an aqueous solution comprising from about 1% to about 10%, by weight of the capsules, of a bleach.
  - 9. A detergent composition comprising:
- (A) from about 0.01% to about 20%, by weight of the composition of capsules comprising:
  - (a) a hydrophobic continuous phase comprising:
    - (a1) from about 0.1% to about 15%, by weight of the continuous phase, of a diblock co-polymer comprising at least one rigid block and at least one flexible block;
    - (a2) a hydrocarbon oil which forms an isotropic mixture with the block co-polymer;
    - (a3) from about 0.1% to about 60%, by weight of the continuous phase, of a hydrophobic solid; and
  - (B) a surfactant.
  - 10. The detergent composition according to claim 9, wherein the continuous phase further comprises from about 10% to about 60%, by weight of the continuous phase of an oil-soluble benefit agent.
  - 11. A personal care composition comprising:
    - (A) from about 0.01% to about 20%, by weight of the composition, of a capsule comprising:
    - (a) a hydrophobic continuous phase comprising:
- 30 (a1) from about 0.1% to about 15%, by weight of the continuous phase, of a block co-polymer which is selected from the group consisting of a triblock co-polymer, radial co-polymer, and multiblock

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- co-polymer, the co-polymer comprising at least one triblock with a structure: rigid block---flexible block---rigid block; and
- (a2) a hydrocarbon oil which forms an isotropic mixture with the block co-polymer; and
- (B) a cosmetically acceptable vehicle.
- 12. The personal care composition according to claim 11, wherein the continuous phase further comprises from about 10% to about 60%, by weight of the continuous phase of an oil-soluble benefit agent.
- 13. The personal care composition according to claim 11 wherein the continuous phase is transparent.
- 14. The personal care composition of claim 11 wherein the composition is aqueous.
- 15. The personal care composition according to claim 11 wherein the composition is contained within the transparent package.